Yogurt Cucumber and Rose Petal Dip

This is a light dip that looks lovely as an appetizer. Serve with wedges of pita bread. Instead of draining whole-milk yogurt, buy Greek yogurt to save time.

Ingredients:

- 4 Persian cucumbers or 1 long seedless cucumber
- 1/2 cup green raisins (or golden raisins)
- 3 cups plain Greek yogurt
- 2 green onions (1/4 cup chopped)
- 2 Tbsp. chopped mint
- 2 Tbsp. chopped dill weed (1/2 tsp. dried)
- 2 Tbsp. chopped oregano (1/2 tsp. dried)
- 1 Tbsp. chopped fresh thyme
- 2 Tbsp. chopped fresh tarragon
- 2 cloves of garlic
- 1/4 cup walnuts
- 1 tsp. sea salt (or Kosher salt)
- 1/2 tsp. pepper

Garnish

- 2 Tbsp. dried rose petals
- 3 mint leaves
- 1 Tbsp. green raisins (golden)



Equipment:

Garlic press

Yogurt Cucumber and Rose Petal Dip

\square	Directions	Time (min)
	Peel and dice 1 seedless cucumber	3
	Chop 2 green onions (1/4 cup)	2
	Separate mint leaves from stems. Rinse and pat	
	dry on paper towel. Reserve 3 leaves for	5
	garnish. Chop mint (2 Tbsp.)	
	Chop dill weed (2 Tbsp.)	2
	Separate oregano from stems and chop (2	2
	Tbsp.) or use 1/2 tsp. dried oregano	
	Separate thyme leaves from stems and chop (1	2
	Tbsp.) or use 1/4 tsp. dried thyme	
	Separate tarragon leaves from stems and chop	2
	(2 Tbsp.) or use 1/2 tsp. dried tarragon	
	Peel 2 cloves of garlic and pass through a garlic	3
	press.	3
	Chop walnuts (1/4 cup)	2
	Reserve 3 mint leaves and 1 Tbsp. raisins for	1
	garnish.	1
	Combine all the other ingredients and stir	2
	thoroughly	
	Transfer to a serving dish	1
	Refrigerate at least ten minutes	10
	Garnish with mint, raisins, and 2 Tbsp. rose	
	petals and serve with wedges of nan, Syrian, or	2
	pita bread	
	Total	39