

Tahini Yogurt Sauce

Makes 1 cup

Cook's Illustrated Vegan cookbook calls for 1/3 cup of coconut milk yogurt. I use regular Greek yogurt for this small amount.



Ingredients:

- 1/3 cup tahini
- 1/3 cup Greek yogurt
- 1 lemon
- 1 clove garlic
- 3/4 tsp. salt

Tahini Yogurt Sauce:

| <input checked="" type="checkbox"/> | Directions | Time (min) |
|-------------------------------------|---|------------|
| | Extract 3 Tbsp. lemon juice from the lemon | 3 |
| | Peel and mince one clove of garlic | 2 |
| | In a bowl, combine 1/3 cup yogurt, 1/3 cup tahini, lemon juice, garlic, and 3/4 tsp. salt | 4 |
| | Refrigerate until ready to use | 1 |
| | Total | 10 |