Herb Mayonnaise

Makes 1 cup

This recipe is from Pat Conroy's cookbook. It is the basic recipe for homemade mayonnaise with capers, parsley, and tarragon.



Ingredients:

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- 1 large egg
- 1 tsp. Dijon mustard
- 1 lemon
- 1/4 cup olive oil
- 3/4 cup vegetable oil
- 1/4 tsp. sea salt
- 2 Tbsp. capers
- 1 Tbsp. parsley
- 1 Tbsp. fresh tarragon (or basil)

Equipment:

Food Processor

Herb Mayonnaise

V	Directions	Time (min)
	Separate an egg yolk and put in the food processor.	
	Allow to stand until room temperature. Reserve the	1
	egg white for other uses.	
	Juice 1 lemon	2
	Chop 2 Tbsp. capers	2
	Finely chop 1 Tbsp. parsley and 1 Tbsp. fresh	3
	tarragon.	3
	To the egg yolk, add 1 tsp. Dijon mustard, 2 Tbsp.	2
	lemon juice. Process until smooth.	
	Slowly drizzle 1/4 cup olive oil into the egg while	1
	processing.	T
	Add 3/4 cup vegetable oil slowly while processing	1
	until smooth and thick. Blend in 1/4 tsp. coarse salt.	1
	Blend in capers, parsley, and tarragon.	1
	Refrigerate until ready to use	
		Total: 13 min