Fall Fruit Salad

Sally made this for her hiking group at their Christmas celebration in 2024.

Dressing:

- 1 navel orange
- 2 Tbsp. maple syrup
- 3/4 tsp. ground cinnamon

Fruit Salad:

- 16 oz. red seedless grapes
- 12 oz. blackberries
- 1 cup pecans
- 2 large, sweet apples

Equipment

- Zester
- Large bowl







Fall Fruit Salad:

V	Directions	Time (min)
	Chop 1 cup pecans	2
	Strip zest from one orange	1
	Cut orange in half and remove juice with a juicer	2
	In a small bowl, whisk together orange juice and zest with 2 Tbsp. maple syrup and 3/4 tsp. ground cinnamon	2
	Cut 16 ounces of seedless grapes in half. Transfer to a large bowl.	5
	Add 12 oz. blackberries and chopped pecans	1
	Core 2 sweet apples and cut into bite-size pieces and add to the fruit	3
	Pour dressing over fruit and toss to coat	1
	Total	17 min.

^{*}May be made a day ahead and refrigerated.